



Athletes Training For Performance  
**Patient Information Form**

Patient Information

Legal First & Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Is Texting Ok? \_\_\_\_\_  
*Enter Yes or No*

Email Address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
*House Number and Street Name*  
\_\_\_\_\_  
*City, State, Zip code*

Emergency Contact Information

First & Last Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Primary Phone Number: \_\_\_\_\_ Alt Phone Number: \_\_\_\_\_

Medical History

Referring Physician: \_\_\_\_\_ Leave blank if you do not have a prescription  
for physical therapy

Phone Number: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Privacy Policies

Patients must read the supplied privacy policies. By signing below, the patient acknowledges and understands their rights as a patient.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



Athletes Training For Performance  
Reason for Visit

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

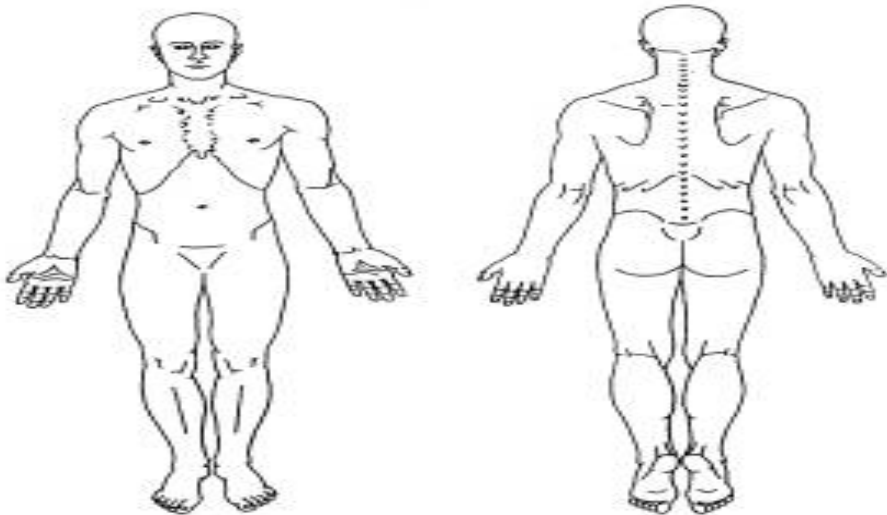
Do you have a physician referral for today's visit? No    Yes  
  

Over the past 2 weeks, how would you rate your pain?  
On Scale from 0 to 10, where 0 = No Pain to 10 = Extreme Pain

	0	1	2	3	4	5	6	7	8	9	10
Current:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Worst:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Best:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Use the below symbols to mark on this diagram where you feel pain?

Sharp Pain = X    Dull/Achy Pain = Z    Pins/Needles = ///



Pain Onset: \_\_\_\_\_  
*Enter Sudden or Gradual*

Since: \_\_\_\_\_

Have you had any previous treatment:

No    Yes    If Yes, What?  
    \_\_\_\_\_  
*For example: imaging, injection, physical therapy, chiropractor, etc.*



Athletes Training For Performance  
**Medical History Checklist**

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Medical History	No	Yes	If yes, Explain
Anxiety	<input type="checkbox"/>	<input type="checkbox"/>	_____
Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	_____
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	_____
Cancer	<input type="checkbox"/>	<input type="checkbox"/>	_____
Concussions	<input type="checkbox"/>	<input type="checkbox"/>	_____
Congestive heart failure	<input type="checkbox"/>	<input type="checkbox"/>	_____
COPD	<input type="checkbox"/>	<input type="checkbox"/>	_____
Coronary artery disease	<input type="checkbox"/>	<input type="checkbox"/>	_____
Depression	<input type="checkbox"/>	<input type="checkbox"/>	_____
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	_____
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>	_____
Headaches	<input type="checkbox"/>	<input type="checkbox"/>	_____
HIV	<input type="checkbox"/>	<input type="checkbox"/>	_____
Hypertension	<input type="checkbox"/>	<input type="checkbox"/>	_____
Joint replacements	<input type="checkbox"/>	<input type="checkbox"/>	_____
Peripheral neuropathy	<input type="checkbox"/>	<input type="checkbox"/>	_____

Surgical History	No	Yes	If Yes, List All Surgeries	If Yes, Date of Surgery
Have you had any surgeries:	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
			_____	_____

Medications	No	Yes	If Yes, List All Medications	If Yes, Reason For Medication
Are you taking medication:	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
			_____	_____
			_____	_____

**Over the past 2 weeks, how often have you been bothered by any of the following problems?**

Not at all = 0    Several Days = 1    More than Half the Days = 2    Nearly Every Day = 3

1. Little interest or pleasure in doing things: \_\_\_\_\_  
*Enter Number 0 to 3*

2. Feeling down, depressed or hopeless: \_\_\_\_\_  
*Enter Number 0 to 3*